

D E X T R A
PLASTIC SURGERY

Mr Markus Nikitins

83 Kensington Road Norwood

All enquiries: 8223 7870

**Post Operative
Instructions**

Blepharoplasty

Your next appointment is:

If you are unable to keep this appointment please ring 8223 7870



Reviewed by Consumer Representative
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EYELID SURGERY

- The steristrips on your eyelids are to be kept dry and intact until your first post operative appointment at 6-7 days.
- To assist with the normal post operative swelling around the sensitive eyelids you may use a soft (e.g. gel) cold-pack hourly for ten-minutes. It is also recommended to sleep on two pillows to assist with swelling.
- Depending on your procedure, you may have been given a prescription for a stronger pain relief medication such as Panadeine Forte. If not, regular Paracetamol should be adequate.
- Common sense restriction of physical activity in the early post-operative phase is necessary to avoid potential bleeding or wound disruption.
- You may experience minor bleeding and wound seeping. This is normal. If bleeding persists, firm pressure for 5-10 minutes should stop it.

If you have any concerns please contact your Surgeon on 8223 7870 during business hours