

DEXTRA
PLASTIC SURGERY

Mr Markus Nikitins

83 Kensington Road, Norwood

All enquiries: 8223 7870

**Post-Operative
Instructions**

Excision & Full Thickness Skin Graft

Excision & Split Thickness Skin Graft



Reviewed by Consumer Representative
2024-05

Your next appointment is:

If you are unable to make this appointment please ring 8223 7870

Excision with Full Thickness Skin Grafts

The grafted area requires careful protection for the first week and dressings should be kept clean and dry.

Should there be any undue bleeding in the early post-operative hours, firm pressure over the dressing for 5-10 minutes will usually stop it. Notify the Practice if bleeding persists.

The area where the skin was taken from will be covered with a white tape; you can shower and pat dry this tape.

If on your **lower leg**, an elastic bandage and/or stocking may be applied from toes to knee. This needs to be kept on and dry for the first week.

If on the **face or scalp** you may have no dressing but will be given an antibiotic ointment to apply three times a day.

After the initial dressing removal in the rooms, you will be instructed on the care needed at home. This often involves cleansing the grafted area and ointment application, with or without an external dressing.

It will take a few weeks for the graft to stabilise and colour change may take a few months to settle.

Excision with Split Thickness Skin Grafts

The grafted area requires careful protection for the first week and dressings should be kept clean and dry.

Should there be any undue bleeding in the early post-operative hours, firm pressure over the dressing for 5-10 minutes will usually stop it. Notify the Practice if bleeding persists.

The area where the skin was taken from is usually covered with a plastic film dressing which must be left in place but can get wet. Some bleeding and fluid under the plastic film is normal, but if excessive should be reported as the dressing may need to be changed prior to leakage occurring.

If on **your lower leg**, an elastic bandage and/or stocking may be applied from toes to knee. This needs to be kept on and dry for the first week.

If on the **face or scalp** you may have no dressing but will be given an antibiotic ointment to apply three times a day.

After the initial dressing removal in the rooms, you will be instructed on the care needed at home. This often involves cleansing the grafted area and ointment application, with or without an external dressing.

It will take a few weeks for the graft to stabilise and colour change may take a few months to settle.

If you have any concerns please contact your Surgeon on 8223 7870