

**D E X T R A**  
PLASTIC SURGERY

**Mr Markus Nikitins**

**83 Kensington Road, Norwood**

**All enquiries: 8223 7870**

**Post-Operative  
Instructions**

***Facial & Skin Wounds***

**Your next appointment is**

---

*If you are unable to keep this appointment please ring 8223 7870*



Reviewed by Consumer Representative  
2024-05

Avoid physical activity in the early stages after surgery to avoid potential bleeding or wound damage.

Excessive bleeding, swelling or pain should be reported.

You may experience minor bleeding and wound seeping. This is normal. If bleeding persists, firm pressure for 5-10 minutes should stop it.

Keep suture lines clean by wiping away any seepage or congealed blood with gauze or similar. Most wounds can be safely washed with normal soap and water, or mild antiseptic if preferred.

Avoid wearing make-up close to the suture line.

Do not shave over your sutures.

### **Wound Dressings**

Tape may be used to prevent sutures from rubbing on clothing, and to support the wound. This can be safely washed and will quickly dry. Keep tape insitu where possible until your first appointment. Additional tape is given if it does require changing after 2 days.

or

Your wound may be kept open with an antibiotic or similar ointment given to you for facial wounds. The ointment is to be applied 3 or 4 times a day. This helps keep suture lines greasy, avoiding scabs and crusts and also helps reduce any wound inflammation. Make sure old ointment is completely wiped off before re-application.

**If you have any concerns please contact  
your Surgeon on 8223 7870**